



## ABINGTON SURGICAL CENTER

2701 BLAIR MILL ROAD \* SUITE 35 \* WILLOW GROVE, PA 19090 \* (215) 443-8505  
FAX (215) 957-0565

### INFANTS AND CHILDREN PREOP INSTRUCTION SHEET

The surgery schedule may change. Therefore, a nurse will call you the day before your child's surgery to confirm your arrival time.

For your child's safety, the following fasting regulations **MUST BE STRICTLY ADHERED TO** regardless of the type of anesthesia that is planned. **FAILURE TO DO SO MAY RESULT IN THE CANCELLATION OF YOUR CHILD'S SURGERY.**

1. **No food eight hours prior to surgery.**
2. Breast milk is permitted **UNTIL** 4 hours before arrival. Finish by \_\_\_\_\_.

Infant formula, non-human milk or soy milk products are permitted **UNTIL** 6 hours prior to arrival. Finish by \_\_\_\_\_.

3. Unlimited clear liquids are **ALLOWED UNTIL** 3 hours before arrival. Finish by \_\_\_\_\_.

#### CLEAR LIQUIDS PERMITTED

water	ginger ale
apple juice	Kool-Aid
grape juice	fruit drinks
cranberry juice	plain jello
carbonated beverages	

#### LIQUIDS NOT PERMITTED

fruit juice with pulp  
milk products

*A good rule to follow is that if you can not see your hand through the liquid, **DON'T** allow your child to drink it.*

4. If you have any questions, please call the Surgical Center at 215-443-8505 and ask for the Preoperative Testing Department.
5. Parents usually will be permitted in the Recovery Room after the child awakens.